

# SWEETWATER 2020 Gathering Area

The Sweetwater Clubhouse Gathering Area is not an official shelter for Polk County. Residents will enter at their own risk. If medical assistance is needed please *beware* that help may not be available (after certain strength of storms emergency services are on hold until safe)

## WHO CAN GO

- **Sweetwater Residents Only**
- Up to 200 people will be allowed. You will not choose your area it will be assigned
- Sign up in advance at the Sweetwater Office. First Come First Served
- **Residents with Severe Medical Needs *will not* be admitted.**
- **We suggest you go to a hotel/motel or a county provided shelter where medical help will be available.**

## WHEN TO ARRIVE

SWEETWATER OFFICE OR BOD WILL NOTIFY YOU WHEN TO ARRIVE. YOU MUST BE SIGNED UP IN ADVANCE TO ENTER FACILITY

## PETS

- Areas to be assigned. Must be in a kennel or carrier at all times. When out of carrier must be leashed at **ALL** times
- MUST be trained for outside potty
- MUST have shots up to date (paperwork required),
- **TWO PETS** (2 DOGS OR 1 DOG & 1 CAT) **per household** allowed. NO EXCEPTIONS
- MUST get along with other dogs/cats and people.
- No other types of animals or pets will be allowed.
- If any animal becomes a nuisance you will be asked to leave with your pet.
- If your dog or cat is a service animal you must provide documentation or certification
- Animals will be allowed in the **craft room ONLY. EXIT TO OUTSIDE FROM CRAFT ROOM DOOR ONLY**
- **BRING: watering bowls, cleanup supplies, food, puppy pads if needed. No supplies will be provided**

## GOLF CARTS

- There will be no charging of golf carts on the clubhouse property
- Please charge your cart/s before arrival of storm/s

## HEALTH

### TEMPERATURE/HEALTH CHECKS:

- Will be done upon arrival before entrance
- Questionnaire on current health and wellness will be done prior to entrance.

If you have traveled within the last two weeks of a disaster you will not gain entrance to our gathering area

## MASKS

- MUST be worn while moving around, going to the restroom, anytime you are out of your personal space.
- MUST BE WORN CORRECTLY (COVERING MOUTH/NOSE)

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- MUST BE WORN when 6 (SIX) feet social distancing cannot be achieved. NO EXCEPTION

## COUGHS AND SNEEZES

- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow and do not spit. Residents Only. You must provide an email to the office in order to sign up (family email if you don't have one)
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

## Watch for symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

## SANITIZING/PERSONAL CLEANLINESS

- Your area must be kept clean, organized so not to interfere with your neighbor
- You must shower before coming to the Gathering Area
- Bring all your personal needs (soap, tissues, medicine, sanitizer wipes/spray/lotion)
- Be able to take care of your own personal needs without help from others
- Wash and sanitize your hands often
- Sanitize your commonly touched hard surface areas often
- KEEP SOCIAL DISTANCE OF 6 FT OF PEOPLE NOT IN YOUR HOUSEHOLD

## FOOD

- Bring your own food (it will not be provided). Bring a cooler (**one per household 12X24**) to put your perishable food into, ice will be available in the clubhouse ice machine.

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- Food will not be stored in the kitchen freezer or refrigerator.
- Food will **NOT** be cooked in the kitchen
- Microwave will **NOT** be available for use.
- Food is **NOT** to be shared
- Bring your own supply of paper goods (plates, utensils, napkins etc)
- No alcoholic beverages will be allowed and or consumed in the gathering areas

## WHAT TO BRING

You should bring at least a 3 day supply of the following:

- Food & Water – Bring snacks, bottled water and non-perishable canned or packaged food.
- Medications – Bring prescriptions, glasses and contacts and durable medical equipment.
- Clothing- Bring a complete change of clothes and footwear.
- Bedding – This includes blankets and sleeping bags.
- Hygiene Items – Bring sanitizer, toothbrush, toothpaste and sanitary items.
- Important Papers – This includes ID, proof of residency and insurance papers.
- Cash – This is just in case your debit or credit card is not working.
- Entertainment Items -This includes puzzles, toys and reading material.
- Miscellaneous – Battery-powered radio, First-Aid Kit, flashlight, Cash
- Medical info (Dr. Phone number, family phone numbers etc)
- Home insurance numbers and policy
- Cell phone and charger
- Pencils, Paper etc
- VIAL-OF-LIFE (need one? Call Kari or Neda in the office)
- Toilet paper,

## FURNITURE/BEDDING

- **ONE** Piece of bedding furniture is allowed (blow up bed, reclining chair) You must find someone to bring and return this item to your home.
- Furniture must be **NON ELECTRICAL**
- All bedding/furniture must be bug free.
- Pool Lounge chairs will be provided, one per resident. Until they last

## RESIDENT VOLUNTEERS

If you are willing and able we will ask you to help out in areas of concern.

Our community runs on volunteerism. Possible disasters may require your help. If you have an expertise in any area during any emergency, please step forward.

### From the BOD

*The Sweetwater Board of Directors wish all it's residents good health and safety.*

*We strive to do what's right for our neighbors.*

*Please let us know your concerns.*

*Be Safe*